

Essay and Short Answer Test Answer Key

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1. Test anxiety is a psychological condition in which a person feels distress before, during or after a test or exam to the point where stress causes poor performance.
Three causes could include being prepared, battling negative thoughts, visualizing success, keep focused on your own work, have a plan and follow it, eat and sleep well prior to taking the exam, relax.
2. Limit the size to no more than 3-4 people, look for students who are doing well in the course, look for complementary skills (not necessarily compatibility), meet regularly, define an agenda, assign follow up work, appoint a moderator
3. Two types of assessment are formative and summative. A formative assessment is one that is designed to make sure you know the fundamental material (examples- quizzes, unit tests). A summative assessment is used by an instructor to determine if the student is mastering the material (examples – mid-terms and finals).
4. Effective studying involves studying a little every day. You should review your notes daily, and clear up any misconceptions or questions immediately after first learning the material. You should use your notes and text to apply and visualize what you are learning. After each unit, it is advised to write a summary in your own words. Begin studying for an exam at least a week prior to taking it. Cramming is done last minute. It does not involve learning the material, but rather memorizing it over a short period of time. It can cause increased stress for the student.
5. Academic Dishonesty is when a student uses a means other than their own to complete a paper/test/work and passes them off as their own such as cheating, plagiarism, fabrication and falsification. Some results of academic dishonesty include: not learning the material, failing the course or expulsion from school, a waste of time and money, cheating causes stress, compromising your integrity, and lowering self esteem. Academic dishonesty can have severe consequences, not only to your life as a college student but beyond as well.

